



STRESS MYOVIEW & PERSANTINE MYOVIEW TESTING INSTRUCTIONS

1. Please arrive 15 minutes prior to your test time. Test duration will be approx. 3-4 hours.
2. A translator must be present if you cannot speak or understand local languages, French/English.
3. Please bring exercise or comfortable clothing to exercise, **running shoes or rubber sole shoes. (No heels, dress shoes, sandals or bare feet).**
4. **NO CAFFEINE. Do not have chocolate or drink caffeinated or even decaffeinated beverages such as tea, coffee or soda or pop for 24 HOURS before test.**
5. **DO NOT** smoke, chew nicorette gum or use nicotine patches **2 hours** before test.
6. **Do not eat or drink anything except water, 4 hours prior to test. All diabetics must eat light & continue insulin or diabetes medication as usual.**
7. **Bring a snack to eat including milk or dairy & a bottle of water.** If you do not bring a snack, the test will last an extra 25 mins.
8. You may drive your car home.
9. **Please stop heart and blood pressure medications that are LISTED BELOW, 48 hours before your test, unless directed by your physician. Do not stop any medications that DO NOT appear on the list below.**
10. Please bring all of your medications with you to your test. All medications should be restarted, as prescribed, upon completion of your test.

Stop Medication(s) LISTED BELOW 48 Hours Before Your Test:

Acebutolol	Cialis	Labetolol	Nitropaste	Timolol
Adalat	Coreg	Lanoxin	Norvasc	Toloxin
Aggrenox (24hrs)	Corgard	Levitra	Oxprenolol	Trandate
Alprenolol	Diltiazem	Linsotalol	Persantine	Transderm
Amlodipine	Digoxin	Lopressor	Pindolol	Trasicor
Asasantine	Dipyridamole	Metoprolol	Plendil	Tylenol #1
Atasol	Doxazosin	Midol	Propranolol	Tylenol #2
Atenolol	Felodipine	Minitran	Renedil	Tylenol #3
Betaloc	Imdur	Monitan	Rhotral	Tylenol ultra
Bisoprolol	Inderal	Monacor	Sectral	Twynsta
Blocadren	ISMO	Nadolol	Sotacor	Uniphyl
Bystolic	Isoptin	Nebivolol	Sotalol	Verapamil
Caduet	Isordil	Nifedipine	Tenolin	Viagra
Cardizem	Isosorbide	Nitro-Bid	Tenormin	Viskazine
Cardura	Dinitrate	Nitro-Dur	Theophylline	Visken
Carvedilol	Isosorbide	Nitrol	Theo-Dur	Viacoram
Chronovera	Mononitrate	Nitrong	Tiazac	